

get outside!

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WOMEN'S ADVENTURE DAY

Come celebrate Women's History Month with a women-only High Ropes experience. Bring a friend or family member to help you conquer your fears 35 feet up in the air, or come by yourself for a great chance to meet new people and have a great adventure. Space is limited; register today! **Register by March 25.** Max: 28.

Location: Irons Oaks' Vollmer Road Lot
 Fee: \$20 R / \$30 NR

AGE	DATE	TIME	CODE
13+	Sunday, March 29	10 a.m.-2 p.m.	191503-01

NATURE RANGERS PRE-K PROGRAM

Your child will become a nature detective as they explore their surroundings. We will investigate how animals hide and protect themselves. This program includes hikes, games, stories and crafts. **Max: 12.**

Location: Irons Oaks' Vollmer Road Lot
 Fee: \$60 R / \$90 NR

AGE	DATES	DAY/TIME	CODE
4-5	March 17-April 21	Tu, 1-2:30 p.m.	192203-03

OPEN HIGH ROPES

Bring a friend or family member to help you conquer your fears 35 feet up in the air, or come by yourself for a great chance to meet new people and have a great adventure. Space is limited; register today! **Register by the Thursday prior program date.** Max: 28.

Location: Irons Oaks
 Fee: \$20 R / \$30 NR

AGE	DATES	TIME	CODE
13+	Sunday, April 26	Noon-4 p.m.	191706-01
13+	Sunday, May 31	Noon-4 p.m.	191706-02

BIRD ID WORKSHOP

This three-part workshop will introduce you to birding, highlight equipment you may need and teach you the basics to identify common Illinois bird species in the forests and at your feeders. The Saturday date will be a field trip to a nearby birding hotspot where you can put your new found skills into practice! Register by April.

Location: Irons Oaks
 Fee: \$30 R / \$45 NR

AGE	DATES	DAY/TIME	CODE
16+	April 9 & 16	Th, 6:30-8 p.m.	192502-01
16+	Saturday, April 18	8-10 a.m.	192502-02

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FREE URBAN COYOTES: FRIENDS OR FOES?

Have you seen a coyote roaming through your backyard or a parking lot? Did you wonder what it was doing there? Were you worried about your safety and the safety of your pets? These urban coyotes are often feared and misunderstood. Join Cook County Wildlife Biologists in a discussion about this amazing animal and learn how we can co-exist with these urban predators. Pre-register by March 18.

Location: Irons Oaks

AGE	DATES	TIME	CODE
12+	Thursday, May 21	7-8:30 p.m.	192508-01

FREE SENIOR STROLL

Enjoy the beauty of spring with new and old friends. Go for a light hike and enjoy socializing and refreshments afterwards. The trails are wood chipped but are somewhat uneven in places. *Max: 20. Pre-registration is required.*

Location: Irons Oaks

AGE	DATES	TIME	CODE
55+	Wednesday, May 27	1:30-3 p.m.	192601-01

NEW WORM COMPOSTING

Let the experts teach you how easy and beneficial vermicomposting can be! You will assemble your own worm bin to take home, learn how to care for it and discover just how easy it is to recycle your compostable waste. All materials are provided. *Max: 15. Pre-register by March 19.*

Location: Irons Oaks
 Fee: \$10 R / \$15 NR per family

AGE	DATE	TIME	CODE
Families	Tuesday, March 24	6:30-8 p.m.	192702-01

FREE WILDFLOWER WALK

The gems of the forest are pushing through the soil. Join a Naturalist for a light hike through Irons Oaks while learning several native wildflowers. *Pre-registration is required.*

Location: Irons Oaks' Vollmer Road Lot

AGE	DATES	TIME	CODE
18+	Friday, May 8	10-11:30 a.m.	192726-01

NEW NATURE STORIES

Bring your toddler to Irons Oaks for a nature walk! We'll read a story together and bring it to life with a short hike through the forest and make a craft to take home.

Age: 2-3 years with parent
 Location: Irons Oaks' Vollmer Road Lot
 Fee: \$5 R / \$7.50 NR per family

THEME	DATE	TIME	CODE
Spring	Monday, March 30	10-11 a.m.	192715-05
Eggs	Monday, April 27	10-11 a.m.	192715-06
Trees	Monday, May 18	10-11 a.m.	192715-07

USING NATIVE PLANTS IN YOUR LANDSCAPE

Learn the benefits of planting native species with Connor Shaw from Possibility Place Nursery. You'll discover the ease of caring for native plants while getting to see some real examples. Take home a coupon for the Irons Oaks Native Plant sale on May 16. *Pre-register by April 24.*

Location: Irons Oaks
 Fee: \$10 R / \$15 NR

AGE	DATE	TIME	CODE
18+	Wednesday, April 29	6:30-8 p.m.	193501-01

