New Years Party • Tuesday, Jan. 2
Noon-2 pm • Irwin Community Center
Ring in the New Year with friends! Enjoy a delectable lunch catered by Wiley’s Grill. The party is complete with noise makers, door prizes, raffle, entertainment and a toast to a healthy and happy 2018. Register by 12 pm on Thursday, December 28.

Fee: $11 Code: 420615-01

Mardi Gras Party • Monday, Feb. 12
Noon-2 pm • Irwin Community Center
Purple, Green and Gold – It’s a Mardi Gras Party! Join us for a delightful lunch and dessert fit for a King. We will have door prizes, raffle and entertainment. Come celebrate this age-old tradition! Register by 12 pm on Thursday, February 8.

Fee: $11 Code: 420618-01

Thank you to all who contributed to our donation effort for Manteno Veterans’ Home leading up to November’s Veterans Celebration Party. Items such as clothing, toiletries, and snack cakes were collected at the Irwin Center and then delivered by Community Center Manager to Manteno on Sunday, November 12th.

Marie Irwin Community Center, a facility of the Homewood-Flossmoor Park District
18120 S. Highland Ave., Homewood, IL, 60430 • 708-957-7275
A Note from your Senior Programming Coordinator

Hello, my name is Marilyn Arnold and I’m the new Active Adult Program Coordinator. In the couple of months that I’ve been on board I’ve met so many people and well wishes were offered by all. I feel truly blessed for this opportunity to serve the Homewood-Flossmoor Park district. I hope you had a relaxing and enjoyable holiday season. As we move further into winter there are some exciting activities coming up! There are a couple of Day Trippers scheduled: first to see Joseph and the Amazing Technicolor Dream Coat and second is the Jelly Belly Tour. We now have a nice mini-bus for transportation which can accommodate more participants. I welcome any suggestions for future trips and activities. We still have our weekly Wednesday Let’s Do Lunch program featuring local restaurants including Pop’s, Glenwood Oaks, Eat Rice, Panera Bread, Fratello’s and many more! After each lunch there will be a bingo game. There also is a New Year’s Day party in January and Mardi Gras Party in February. I’m so excited about all of these activities! Looking forward to seeing you soon and getting to know more of you.

-Marilyn Arnold, Active Adult Programming Coordinator / 708-957-7275

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**LUNCH SAFARI**

**Catch 35 - Naperville**
Thursday, Jan. 18
10:45 am-2:45 pm
Fee: $10 R / $15 NR
Code: 424611-02

Food critics throughout Chicagoland agree, Catch 35 is a premier seafood and premium steak restaurant. Catch 35 prides itself in bringing ocean fresh seafood with seasonal offerings like Alaskan Halibut, Georges Bank Cod and Block Island Swordfish. Steak lovers can enjoy tender, charcoal grilled ribeyes and filets. Join us as we travel to Naperville to enjoy a fabulous lunch!

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**Devon – Oak Brook**
Thursday, Feb. 22
10:45 am-2:45 pm
Fee: $10 R / $15 NR
Code: 424611-03

Formerly Braxton Seafood at Oakbrook, Devon offers the area’s freshest premium seafood, prime steaks and a large selection of wine. You can expect seamless service in a classic, upscale atmosphere that sets it apart from other restaurants.

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Fee is for transportation only.
Please bring money for your meal. Travel is by mini-bus. Please arrive 15 minutes early to check in. Mini-bus will depart promptly at 10:45 am from Irwin Community Center. Return time is approximate. No refunds will be given for late arrivals. Min 6, Max 14.
**Adult Coloring**  
**Tuesdays, ongoing 1 pm**  
Join in on the adult coloring book trend! CNN.com reports that “just like meditation, coloring also allows us to switch off our brains from other thoughts and focus only on the moment, helping to alleviate free-floating anxiety.” Enjoy this activity in a group atmosphere with friends at the Irwin Center. Coloring books ($5) and colored pencils ($7) will be available to purchase at front desk or bring your own.

**Community Quilters**  
**Fridays, Jan. 12 & Feb. 9 • 9:30 am**  
Use your quilting skills to make quilts to give to others. Quilt tops can be assembled at home using donated supplies. The group meets monthly to tie the quilt layers together. Quilts are then donated to charities chosen by the participants.

**Canasta**  
**Thursdays, ongoing 1 pm**  
Canasta was a popular card game in the 50’s and we’re bringing it back to the Irwin Center. Canasta is a fun and easy game from the rummy family. Don’t know how to play? We’ll teach you! Please contact the Irwin Center if you are interested and we will add you to a contact list for this group.

**Current Events Roundtable**  
**Thursdays, ongoing 9:30 am**  
Join in on one of the best-kept secrets of our adult/senior programming! Once a week, our program meets at the Irwin Center as a discussion group. This dynamic dialogue transpires as an ongoing review and analysis of current events. Grab a chair and stay a while! Stay in touch with the ‘cutting edge’ and be part of stimulating conversation! There are no dues to pay and no daily fee.

**Sing-A-Lings**  
**Thursdays, Jan. 18 & Feb. 15 • 10-11:30 am**  
**Director: Rich Davidson**  
Like to sing? Come out to share your love of it! This is a non-audition group-you don’t even need to read music. We’ll even supply the words for you so you can relax and sing. Group performs approximately once a month at different area nursing homes, assisted living facilities, and the Illinois Veterans Home. Meeting time is always the third Thursday with no meeting in December or January. This is a participatory senior singing group for all backgrounds and abilities. Please call 708-957-7275 if interested.

**Senior Advisory Committee Meetings**  
**Wednesday, Jan. 10 • 10 am and Wednesday, Feb. 7 • 10 am**  
**Irwin Community Center**

The Senior Advisory Committee is a group of senior adults interested in activities and programs for the adult/senior community. The committee meets once per month to discuss new ideas and plan for future fundraisers and events. If interested in a committee position, please contact Phil at 708-957-7275.

**2018 Senior Advisory Committee** –  
Helen Biel-Gardner, Bob Flaws, Donna Fogal, Diana Grayson, Mary Ann Henry, and Brenda White.
Fee-Based Programs

Pinochle
Mondays & Thursdays; Ongoing, 12:30-4:30 pm
Fee: $1/day

Bingo
Wednesdays; Ongoing, 1-2 pm
Fee: $1 per card (Limit of 2)

Black & White Photography
Tuesdays, Jan. 9-30
7-8:30 pm @ The Clubhouse at Dolphin Lake
Are you ready to see the world in greyscale? This course introduces the art of black and white digital photography. Topics include emphasizing the use and exposure in black and white, improving composition skills, use of textures and lighting.

Instructor: Laurie Piton
Fee: $60 R / $75 NR
Code: 414527-01

Learn to Crochet
Wednesdays, Jan. 3-Feb. 7
6-7 pm @ Irwin Center
Have you longed to know how to create a lovely afghan or a beautiful winter scarf? Join us and learn the art of crochet in this beginners class. Never done this before? No problem! Don’t have a clue what crochet is or where to get supplies? No worries and no excuses because all supplies are included!

Instructor: Laura Sedor
Fee: $60 R / $75 NR
Code: 414518-01

Evening Drawing & Painting
Tuesdays, Jan. 2-Feb. 20
7-9:30 pm @ Irwin Center
Refresh after a busy day with our evening drawing and painting experience. Beginners will enjoy a series of projects designed to build personal confidence in drawing skills. The natural world, portraiture, still life and more may be explored. Advanced artists continue to develop and expand their creativity with independently chosen themes in the media of their choice. Individual teacher guidance is emphasized for all participants. A 9” x 12” sketchbook, 2B pencil and eraser will be needed for the first class. Students must bring their own painting supplies

Instructor: Carol Boyajian
Fee: $80 R / $100 NR
Code: 402522-01

Line Dancing
Mondays & Fridays, Ongoing
10-11:30 am • Fee: $3 Mondays / $2 Fridays
Kick up your heels and start moving to the music! This drop-in participatory group is for all levels of dancers. Everyone can line dance at his or her own pace. Mondays are instructional and Fridays are teach & share. Come join the fun! Limit 30 per day.

Monday Instructor: Ginny Coppess

Fitness Programs at Irwin

Hatha Yoga
Wednesdays, Jan. 10-Feb. 14
7-8:30 pm
Improve the total health of your mind and body with this ancient form of Yoga. Stress relief, improved muscle balance, strength, elasticity and increased range of motion are just a few of the benefits of this class. All levels are welcome!

Instructor: Christine White
Fee: $72 R / $90 NR
Code: 412512-01

Introduction to Yoga
Mondays, Jan. 22-Feb. 26
7:30-8:30 pm
This 5-week Introduction to Yoga class is recommended for those who are new to yoga or have never been in a class setting. You will learn essential yoga poses, alignment and breathing techniques. Each class builds on the previous weeks, allowing you to understand and apply what you’ve learned so that you’ll feel prepared to explore other yoga classes. No class February 12.

Instructor: Liz Smith
Fee: $50 R / $63 NR
Code: 412313-01

Chair Yoga
Tuesdays & Thursdays, 9-10 am
Session 1: Jan. 9-30 • Session 2: Feb. 6-27
Chair Yoga is designed to increase flexibility, balance and range of movement. This class will move your whole body through a complete series of seated and standing yoga poses using a chair for support. Poses are modified so those with health restrictions, decreased range of motion and physical challenges can enjoy the benefits. This class is designed to increase flexibility, balance and range of movement.

Instructor: Arlene Santiago
Fee: $60 R / $75 NR
Code: Session 1 - 412513-01
Session 2 - 412513-02
Please note: Lunch has a ‘pre-pay’ requirement. If there are fewer than six registrants, lunch will be cancelled and a full refund will be issued. Debit and credit cards are accepted.

To reserve your spot, please call 708-957-7275 by noon on Tuesday for Wednesday’s lunch.

Lunch served at noon, bingo begins at 1pm.

Fee: $7

### Lunch Menus

**Wednesday, Jan. 3**
- Activity: Bingo
- Meal: Pop’s Meatball Sandwich w/ Sweet & Hot Peppers on side, Chips & Dessert

**Wednesday, Jan. 10**
- Activity: Bingo
- Meal: Glenwood Oaks Fried Chicken, Mashed Potatoes & Gravy, Cole Slaw & Dessert

**Wednesday, Jan. 17**
- Activity: Bingo
- Meal: Potbelly Hickory-Smoked Ham & Swiss Cheese Sandwich w/ Lettuce, Tomato & Condiments on the side, Chips & Cookie

**Wednesday, Jan. 24**
- Activity: Bingo
- Meal: Eat Rice Orange Chicken, White Rice, Egg Roll & Dessert

**Wednesday, Jan. 31**
- Activity: Bingo
- Meal: Panera Soup Buffet w/ Bread & Dessert

**Wednesday, Feb. 7**
- Activity: Bingo
- Meal: Bizio’s (Brunch) Quiche, Breakfast Potatoes, Fruit & Coffee Cake

**Wednesday, Feb. 14**
- Activity: Bingo
- Meal: Fratello’s Pasta Primavera, Garlic Bread & Valentine’s Day Dessert

**Wednesday, Feb. 21**
- Activity: Bingo
- Meal: White Castle (4) Cheese Sliders, French Fries & Dessert

**Wednesday, Feb. 28**
- Activity: Bingo
- Meal: Portillo’s Char-Grilled Maxwell Street Style Polish w/ Caramelized Onions & Condiments on the side, Chips, & Portillo’s Chocolate Cake
Monday Matinees at Irwin Community Center
Sponsored by FAMILY VIDEO

Enjoy free popcorn & coffee while watching some great movies with friends.

**Casablanca**
Monday, Jan. 8
1 pm
In Casablanca in December 1941, a cynical American expatriate encounters a former lover, with unforeseen complications.
1942 PG 102 min.

**Beatriz at Dinner**
Monday, Feb. 5
1 pm
A holistic medicine practitioner attends a wealthy client's dinner party after her car breaks down.
2017 R 82 min.